



© EPFL

Welcome to our first Insider exclusively for Adventures by Disney Insiders, designed to keep our Guests up to date on all things Adventures by Disney! We will use this as a platform to share photos, videos and articles about recent travels, which we hope will inspire you as you plan your next adventure.

#### DESTINATION SPOTLIGHT

## Sicily's Idyllic Paradise



© EPFL

Sicily is one of our newest Adventures by Disney destinations. It's known for its diverse terrain which features stunning beaches, artistic culture, wine, museums and more. It's also the birthplace of Italian food, tea, coffee and more, which you can find a recipe for later in this newsletter! On a Sicily land Adventure, you have the chance to visit ancient ruins and cathedrals, Mt. Etna volcano, beautiful villages and turquoise seas, even venturing into the Blue Grotto. There's one multi-faceted and culture-packed true one-of-a-kind island, largely due to its combination of Greek and Italian influences. With many ports around the region, Sicily is a unique Mediterranean hub of culture and exploration.



Make the Disney Sicily tea in our unique way of storytelling. Puppets is a tradition of telling stories tales with magical splendor. Join our Puppet Experiences, you can enjoy a workshop and a picture puppet show! Sicilian traditional puppets gained popularity in the Middle Ages. They are different from other puppets because of their construction which allows them to move faster and more humbly, just like our friend Pinocchio. Instead...only Sicilian puppets keep their strings attached!

**How to know more about Sicily?**

Experience this destination for yourself with Adventures by Disney.

[Discover Sicily](#)

"When you're curious, you find lots of interesting things to do."

—Walt Disney

#### MEET OUR ADVENTURE GUIDE

## Damien G.



Meet Damien! He is one of our extraordinary River Cruise Guides who gets to sail through Europe on the Seine, Rhine and Danube Rivers. Keep reading to learn more about Damien and some of his favorite magical moments.

#### What River Cruise is your favorite out of the three?

The Seine River Cruise because it takes us from Paris all the way to Normandy and we get to do many of my favorite spots such as Giverny, Claude Monet's Garden and Normandy landing beaches.

#### Why should families pick an Adventures by Disney River Cruise for their next adventure?

The main thing about traveling with Adventures by Disney is that adults and junior Adventures will be equally as entertained. Being an active creative ability, we take care of the Junior Adventures. The kids and the parents are both having a great time, so we're all having a great time.

#### What is your signature?

Most likely I am some other my Adventures are about to end for something so I'm prepared with my "May Puppets bagpipes" and put on the way they they need right in the moment. The ones that include opera is just perfect.

#### FOOD

## Mushroom Arancini



Arancini (also known as arancini) are golden, deep-fried rice balls with various fillings. They originated in Sicily and are a popular Italian snack. The traditional recipe uses "risotto arancini" risotto, which refers to their shape and color. You can customize your arancini with various fillings such as tomatoes, mozzarella cheese, sausage, etc.

As with Disney World, there is always a line, so we have our own private line for this event.

Check out this recipe from Disney's Food Revolution Book & Spa and use them for yourself at home!



[Get Recipe](#)

[The ingredients and instructions for this recipe are available in the recipe book.](#)

Recipe: [Arancini](#) (also known as arancini) are golden, deep-fried rice balls with various fillings. They originated in Sicily and are a popular Italian snack. The traditional recipe uses "risotto arancini" risotto, which refers to their shape and color. You can customize your arancini with various fillings such as tomatoes, mozzarella cheese, sausage, etc.

#### GUEST STORY

"Our guides made a huge difference, taking care of every single detail and showing us the best of Costa Rica."

—Mariela R., Costa Rica

**We want to hear about your Adventures by Disney vacation!**

Share a favorite memory and photos from your adventure, and we may feature them on our website.



Check out the official Adventures by Disney page on Facebook to help inspire your next adventure.

[Discover More](#)

## ADVENTURES BY DISNEY

Let's adventure together

© 2023 Disney. All rights reserved.

ADVENTURES BY DISNEY

ADVENTURES BY DISNEY

FOLLOW US

